

An effort to  
strengthen family by



Ministry of  
Social and Family Development

# CINTA ABADI

...Marriage of a Lifetime



Is it really possible to be in love forever? Or stay in a marriage throughout your life? While it may not be possible to be in the euphoria of being in love forever, it is certainly possible to stay married forever.

It is normal for a couple to have conflicts and clashes of interests. It happens even among the most understanding and loving of couples. What really matters is to resolve the conflicts in the spirit of mutual respect.



Cinta Abadi...Marriage of a Lifetime is an enhanced Marriage Preparation Course (MPC) for couples preparing for marriage for the first time. By going through the course either alone, or as a couple led by the marriage educators, participants will think through issues in a marriage before finalising their decision to enter into one.

As your journey in life gathers strength, you'll discover that no one can guarantee happiness, but with sustained commitment and effort, endurance and understanding, one can definitely achieve it. Insha-Allah.

## CINTA ABADI

- \* ASPIRE for a Marriage that Lasts
- \* BUILD a Collaborative Marriage
- \* ACCEPT and Fulfill Marital Responsibilities
- \* DEMONSTRATE Love, Passion and Intimacy
- \* INVEST in Building Supportive Relationships

To find out more on Cinta Abadi MPC and course schedule, please logon to [www.romm.gov.sg](http://www.romm.gov.sg) or [www.msense.org.sg](http://www.msense.org.sg)

*A happy marriage needs efforts and at times, assistance*

